



## Van Dhan Samajik Doori Jagrookta Abhiyaan

# STOP COVID-19, NOT WORK

## Stay Hygienic and Clean to prevent Covid-19!



**1** Cover nose and mouth with handkerchief or tissue while coughing or sneezing



**2** Cough or sneeze into the fold of their upper arm or shoulder if they don't have handkerchief or tissue



**3** Avoid touching mouth, nose, and eyes



**4** Wash hands with soap and water or sanitize them before entering the centre, before and after work

**5** Avoid spitting in public



In case anyone show symptoms like fever, cough or difficulty in breathing, contact Ministry of Health and Family Welfare's



HELPLINE NUMBER: 011-23978046 | TOLL FREE: 1075

As per guidelines issued by Government of India and digital contents received from MoHFW